

Help For Male Pattern Balding

Are you suffering from male pattern baldness? Still wondering what you can do to masque and cure your baldness? Well really it's simpler than one would think. There are so many options out there for treatment and disguises [beats dre pro](#) . Everything from home remedies to the right hair cut can help in the emotional stress of going bald. Not to mention make you look younger and cure your hair loss.

Using products <http://passivetycoon.com/viewtopic.php?f=5&t=266051> , creams, and vitamins can all help to prevent more loss as well as promote more new hair growth. Taking a folic acid supplement is really good for preventing hair loss. Scalp massage is a very effective way to promote hair growth and prevent hair loss. Wash hair with cold water then rub the scalp forcefully till it starts to tingle with heat. It will activate the sebaceous glands and improve the blood circulation in the affected area.

Alfalfa juice combined with carrot and lettuce juice taken everyday will assist in hair growth tremendously. People who are lacking in B vitamins generally lose hair [beats dr dre](#) ; taking B vitamins will help to restore hair to its fullness. A lime and pepper paste is a very common home remedy for patchy baldness. Seeds of lime and black pepper ground together make the paste. It is applied to patches to gently irritate; this increases blood flow in the area to promote growth <http://ferns-davco.com/viewthread.php?tid=534171&extra=>

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Another very effective method for getting hair to grow is using a product called Provillus for Men. It contains the only FDA approved ingredient for re-growth of hair. It will give you a full head of hair again in no time. It is a two part system that works together to give you the head of hair you want. There is a topical solution to be applied twice daily and a dietary supplement taken twice daily to nourish your hair. This product can be found at Alternative Health Supplements.

Using a product or home remedy will help hair grow back but what can you do in the mean time while you're waiting for that hair to grow back? Well there are lots of things that can disguise your balding. Hairpieces are a great option. They come in a variety of styles and colors, as do wigs. Hairpieces can be put it using a clip or comb. It is important to keep your hairpiece or wig clean just like you would your own hair.

If getting a hairpiece or wig just isn't for you then may be trying a new hairstyle that can hide your balding a little better will be just as satisfying. For receding hairlines grow the front bang part of your hair slightly longer than the rest of your hair to cover it. Much like what Charlie Sheen does. Considering longer hair in general will make it easier to hide balding. Trying a style much like Owen Wilson's shaggy style will do great to cover up balding. Another hairstyle that hides balding is to do a buzz cut. Trimming hair really short will make it look as though your hair is all short and the balding appears to be blended in with the super short strands. Shorter hair always appears to look thicker.

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